

Himalayan Adventure

Combine China, Tibet and Nepal on this highly adventurous tour

Durbar Square, Nepal

22 days from \$6,790pp
Fully Inclusive from the US

This is an exciting tour to bring out the adventurer in you. The tour begins in Sichuan Province visiting Chengdu and Leshan in China, before exploring the mystical land of Tibet. Then journey to the spectacular Mt Everest Base Camp before arriving in the fascinating land of Nepal.

This tour spends 7 days above 10,000ft with a maximum altitude of 17,000ft.

National Escort Rock Guo's tour highlights



"Experience the culture, life, belief, art, custom and fascinating natural scenery in Chengdu, Tibet and Nepal – all in one trip!"



Days 1-2: US – Chengdu

Fly overnight to Chengdu, the capital of Sichuan Province. The area is renowned for its lush landscapes. Enjoy a delicious Sichuan meal in the evening.

Day 3: Chengdu – Leshan – Chengdu

Visit the famous Panda Reserve to see these adorable animals being reared in wooded surroundings reminiscent of their natural habitat. Later, travel to Leshan to visit the remarkable Grand Buddha, the world's largest stone-carved Buddhist statue. We take a short boat trip to view the statue from the river. The carving of the Buddha into the side of the Mountain began in 713AD and was completed in 803AD. Later, return to Chengdu.

Days 4-5: Chengdu – Lhasa

Fly to Lhasa. The next day, stroll around the Barkhor circuit where traditional dress, market stalls selling religious trinkets and the

sound of chanted prayers create the atmosphere of a medieval carnival. We also visit the 7th century Jokhang Temple, which is the most sacred in Tibet.

Day 6: Lhasa

Explore the 'crown jewel' of Tibet – the Potala Palace. The palace is an architectural wonder that towers over the city with thousands of rooms filled with treasures such as intricate shrines and beautiful frescoes. We also visit the Sera Monastery, which has about 600 monks in residence.

Day 7: Lhasa – Gyantse – Shigatse

Travel to the smaller town of Gyantse and visit the famous Gyantse Kumbum, the largest shrine in Tibet. Continue to Shigatse, the second largest city in Tibet.

Day 8: Shigatse – Shegar

Visit the Tashilhunpo Monastery, the traditional residence of the Panchen Lama. Continue to Shegar passing small Tibetan villages and ruins of ancient Dzongs along the way.

Day 9: Shegar – Mt Everest – Old Tingri

We start our journey to the roof of the world to see the magnificent Everest region. Crossing the Gue La, we enjoy the breathtaking and panoramic views of the eastern Himalaya as we continue our drive to Pasum. We visit the monastic village of Rongbuk before arriving at one of the greatest and unforgettable highlights of this tour – Mount Everest Base

Camp. You will have the opportunity to gaze at the stunning north face of the world's tallest peak, take plenty of photos at the base camp marker, mingle with climbers making an attempt to the summit, send a postcard from the world's highest post-box, or take a walk to view the Rhongpu Glacier. Later, return to Old Tingri and stay overnight.

Day 10: Old Tingri – Zhangmu

Drive via Nyalam to Zhangmu.

Day 11: Zhangmu – Kathmandu

Continue to Kathmandu, crossing the Friendship Bridge. The transition from the high, dry and wild Tibetan plateau to Nepal's green hills is breathtaking.

Day 12: Patan day tour

Travel to the second largest city in Nepal, Patan, which is located on the southern bank of Bagmati River. Visit the world heritage listed Royal Palace and Durbar Square. Also explore two of the most significant sites in Nepal – the Swayambhunath Stupa located on top of a hill, which is often referred to as the 'monkey temple' and the Boudhanath Stupa, which is the longest Stupa in Nepal. Return to Kathmandu.

Day 13: Bhaktapur day tour

Travel to the 9th century town of Bhaktapur, a treasure trove of medieval art and architecture. Visit the Golden Gate and the Palace of 55 Windows. We also visit the temple

“Combine Chengdu in China with mystical Tibet and Kathmandu in Nepal. This is an incredible tour which journeys across one of the world's highest roads and through an undeveloped part of the world.”

Wendy Wu, March 2011

of Changu Narayan, which is the oldest temple in the valley dedicated to Lord Vishnu. Return to Kathmandu.

Day 14: Kathmandu – Pokhara

Explore the small town of Pokhara and enjoy the mountain peak views of Machhapuchhare or 'Fish Tail', the Annapurna and Phewa Lake.

Day 15: Chitwan National Park

Travel to Chitwan National Park, the third biggest attraction in Nepal and one of the last refuges to the one-horned rhinos.

Days 16-17: Chitwan National Park

Over the next two days, we will enjoy a comprehensive programme of activities, including elephant bathing, safaris, jungle walks and bird watching.

Day 18: Daman

Travel to the small village of Daman and visit the local monastery.

Day 19: Daman – Kathmandu

Return to Kathmandu.

Day 20: Dhulikhel day tour

Visit Durbar Square, Kumari Temple and Thamen. After lunch, travel to Dhulikhel, visiting the small village of Thimi en-route. In Dhulikhel, explore the Newari houses and the local market. Return to Kathmandu.

Days 21-22: Kathmandu – US

Fly overnight to the US, arriving home the following day.

Departure Dates & Prices

| Depart US | Arrive US | Price |
|-------------|-------------|---------|
| 26 Apr 2012 | 17 May 2012 | \$6,790 |
| 20 Sep | 11 Oct | \$6,990 |

Tour departs Thursday and returns Thursday

Prices are fully inclusive from the US (see page 14)

Based on Los Angeles departures

Many other US departure points available

- Flight upgrades available on request
- Land only from \$5,190 (Chengdu – Kathmandu)
- Single room supplement from \$1,290 (see page 10)
- Tipping payable locally US\$138 (see page 10)
- Active Paced Tour

Fully Inclusive price includes:

- International flights and current taxes
- Domestic transportation
- Accommodations
- All meals
- Touring with guides and entrance fees
- Visa fees for US residents

Hong Kong Extension (see page 63)

Days 21-22: Kathmandu – Hong Kong

Fly overnight from Kathmandu to Hong Kong arriving in the morning. Transfer to your hotel, where early check-in will be at the discretion of the hotel management.

Day 23: Hong Kong

Enjoy a half day island tour visiting Victoria Peak, Stanley Market and Aberdeen Fishing Village. The afternoon is at leisure. (B)

Day 24: Hong Kong

Enjoy the day at leisure to further explore Hong Kong. (B)

Day 25: Hong Kong – US

Fly to the US, arriving home the same day or the following morning. (B)

From \$390pp

Land only. The flight from Nepal to Hong Kong may be included in the cost of the international ticket depending on airline.

Book now at 1-877-993-6399 visit www.wendywutours.com or see your preferred travel agent